

QFI Insider

December 2010



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The Quest for Independence vocational program is in full swing and we are looking to expand our work skills and opportunities! We are proud of the unique contracts we presently provide services for, but **we're ready to contract with more businesses so we have a variety of jobs and opportunities for the individuals in our program!**

Quest for Independence is one of the only vocational programs in the area that offers participants minimum wage. Over the last several months we have mastered several jobs. We have a successful contract with Johnson Controls in Columbus, Ohio to wash their fleet of vans. We also contract with Shred – It to build storage containers and make bags for storing the secure shredding that occurs with Shred – It.

In several of our locations across Ohio our workers are busy providing janitorial services to area businesses, and this is more than just keeping the space clean. We have developed

skills in the preparation of cleaning solutions, ordering and inventorying supplies when they arrive. We are also working to perform basic cost comparison when ordering supplies.

Our Westerville, Ohio vocational team has been invaluable in preparing our new location. The space was fully prepped and painted by QFI participants, and they also helped unpack and organize the space after the big move.

The vocational program has also provided training in clerical skills. Throughout our QFI locations we have a full time receptionist, newsletter designer, filer, and scheduler for van cleaning – just to name a few positions. It is such an exciting time and we are so fortunate to have such an awesome team of workers.

We are always looking for ideas to continue to develop our work program. If you have any ideas, or would like to see how Quest for Independence can work with your business to cut costs, save time, or assist

with seasonal workload, we would love to hear from you!

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What are you thankful for?

As we are in the midst of the holiday season, we are reminded about the things in life for which we are thankful. At QFI Tri-County, we dedicated

some time to talking about the things we are thankful for, and we received some wonderful responses.

The Program Director, Elizabeth Jarvis, had this to say: "I am so very thankful that I can make a difference in the lives of individuals who have developmental disabilities. As some of you may or may not know, my younger sister has Down



Syndrome. For this reason, I am very passionate about providing quality, caring services to the individuals that we serve. I love coming to work every day, because the individuals at QFI put a smile on my face, make me laugh, teach me invaluable lessons, and fill me with a sense of purpose. It is honor and a privilege to work with them."

Jamie T., an individual who attends QFI, said "I'm thankful that I'm healthy and my family is healthy. I'm thankful that I have a lot of friends at Quest, and the staff help me." Joe G., another individual that attends QFI, said "I'm thankful for my family, and for earning a paycheck!" Brian H. said, "I'm thankful for YOU!"

Day Program Specialist, Darlene L., stated, "I am thankful for my home, family and friends. I am also thankful for the individuals here because they make me laugh, and they have a great sense of humor." The Day Program Coordinator, Shirley G., stated that she is thankful for "waking up every morning in good health,

my fiancé, family, friends, and the great company that I work for!"

Nobel Peace Prize winner Albert Schweitzer said that "At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us." At QFI Tri-County, we are sincerely thankful for the individuals we serve, who rekindle our spirits each day.



December 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tri County Quest for Independence			1 Library and Holiday Decorating	2 Duke Energy/CSX Holiday Train Display	3 Morning Bingo at College Hill Library	4
5 	6 Computer 101 Class	7 Animal Friends Humane Society	8 Holiday Crafting	9 Square Dancing	10 Swimming at The YMCA Bring swimwear	11
12 	13 Grocery	14 Library	15 Cooking Class	16 Inside Peanuts: The Life and Art Of Charles Schulz	17 Christmas Town and Petting Zoo	18
19 	20 Krohn Conservatory Holiday Floral Show	21 Community Appreciation Day Part 1	22 Community Appreciation Day Part 2	23 Square Dancing and Holiday Party	24 Closed	25
26 	27 Grocery	28 Library	29 Cooking Class	30 Mall Walk	31 New Year Celebration	

Learn to Earn Program!

Have you heard about our **Learn to Earn Program**? This is for individuals to learn work skills needed so they can get a job and earn a pay-check. We have classroom activities that teach needed skills such as how to dress at work, how to get along with other workers, how to complete an application, etc.



Also, we still need people to help with our cleaning crew. If you know of someone who wants to EARN MINIMUM WAGE at work we have openings. In this job you can work a few days each week, and still be able to go on community outings or enjoy some fun activities on other days.



Call Jennifer or Mitch at 937-280-2000 to get more information.

Halloween costume party photos!



December 2010						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Hope everyone has a safe and happy holiday season!!</i>			1 Cooking Day 	2 Square Dancing 	3 Mall Walking 	4
5 	6 Grocery Shopping 	7 Library 	8 Cooking Day 	9 Bowling 	10 Tour a Police Station 	11
12	13 Grocery Shopping 	14 Movies and Popeorn 	15 Cooking Day 	16 Square Dancing and Santa Claus 	17 Wright Pat Air Force 	18
19 	20 Grocery Shopping 	21 Library 	22 Cooking Day 	23 Christmas Party Arts and Crafts 	24 QFI is Closed for the Holiday 	25
26	27 Grocery Shopping 	28 Recreational Center 	29 Cooking Day 	30 Game and Movie Day Here at QFI! 	31 QFI is closed New Year's Eve Celebration 	

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 	6	7	1 Fun Fact Rosa Parks	2 Shopping for cookies - First Day of Hanukkah Make Invites for holiday lunch	3 Gingerbread Cookies	4 
12 National Handwashing Awareness Week	13 Put up Decorations for the Holiday	14 Toplo of the Day Thomas Edison	15 Pentenary Glen Nature Center(Snow Drop Game) 12pm Brown Bag Lunch	16 Library/ Mall Walking	17 Band and Choir Practice	18 
19 	20 Fun Facts and Activity Create a Tie/ Band Choir Practice	21 Participant Council/ library	22 Mall Walking/Band and Choir practice/ Glenn Miller	23 Band and Choir Practice/ Lunch at the Mall	24 Movie Day- A Christmas Carol/ Fun Fact Wright Bros first flight	25 
26 	27 Plan Holiday Luncheon/ Shop	28 Mall Walking/ Premier of Snow White	29 QFI-Support Care Holiday Luncheon	30 Punch and Snacks/ holiday Choir Performance	31 QFI Closed for Holiday	Christmas Day
Happy Kwanzaa	Fun Fact Coffee Percolator Invited	Fun fact First patented Chewing Gum/ Shopping for Lunch	Mall Walking/ Library	New years Eve party	New years Eve Closed	

* Please note that all individuals do not go on all outings. Please take that into consideration with food outings. A note will be sent home the night before if that individuals will be going. If you do not receive a note from our staff please ensure a lunch is brought to QFI.

Remembering Halloween

Happy Halloween was the theme for October! On Friday, October 29th, we put the final touches on the decorations and prepared for a haunting good evening of fun and games. We decorated and made some spooky treats for our Halloween party combined with our sister company, SupportCare Lake. We ended the day with a ghouling “photo gallery” of costumes that folks could be their favorite alter ego! Each person then received their own scary (or spooky, or cuddly, or boo-tiful) picture from our “instant photo shop” on a scrapbook page to remember their day! The day then transformed into a spook-tacular evening of Halloween

Bingo, Pin the Nose on the Witch, the infamous Photo gallery, and sharing time with new and old friends and drinks and snacks! Enjoy a few of the photos that were snapped of our folks taking part in the photo gallery!



Linda K. The Happy Cat



Michelle L. The Happy Witch



-Sarah S. The Gentle One-Eyed Monster

QFI Northcliff holds its second annual Halloween party!

The end of the year always has many holidays that create unique experiences for the participant's at Quest for Independence. We may be trying to use the Thanksgiving leftovers and preparing for the winter holiday season, but it feels like yesterday that QFI held its second annual Halloween party. The party was attended by QFI participants, residents of SupportCare, and their friends. The party included the opportunity to decorate and take home a pumpkin, take a picture and create a photo frame, enjoy some refreshments, and hit the dance floor to the music of the DJ. Awards are given to winners for scariest costume, funniest costume, and best overall. The highlight of the night was the opportunity to visit with a variety of animals including a baby tiger, Kookaburra, snakes, and a goat. Attendees could also learn more about these and other animals through educational sessions and exhibits. Everyone had a great time at the event and we look forward to this annual tradition!



Janice and Sylvia show off their award-winning costumes



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Southpark Mall	2 Ice Skating Rink	3 Recycling	4
	6 Bay Village Nature Center	7 Westside Market	8 Shopping Outing	9 Christmas Light Search	10 "Just a Buck" Shopping	
	13 French Creek Reservation	14 Art Museum	15 Public Square Christmas Tree	16 Parma Town Mall	17 Work Clothing Store	
19 	20 Parmatown Mall	21 Southpark Mall	22 Day Program Closed Vocational Program Open	23 Day Program Closed Vocational Program Open	24 QFI Closed	25
	27 Day Program Closed Vocational Program Open	28 Day Program Closed Vocational Program Open	29 Day Program Closed Vocational Program Open	30 Day Program Closed Vocational Program Open	31 Day Program Closed Vocational Program Open	

Exploring Fall



Quest for Independence Columbus spent fall traveling the roads, looking at the changing leaves and experiencing new places. The group went to Young's Dairy Farm in Yellow Springs, Ohio. There they were able to enjoy a petting zoo, watch cows being milked and take in the beauty of the surrounding forest. The end of

the day made for a tough choice, as it was time to enjoy freshly made ice cream! For many, picking from the endless choices of flavors and toppings was just too difficult, but in the end they all said they made the right choice.

The group continued their travels the following week by going to Roscoe Village. There they participated in a hayride and pumpkin patch. Oh and of course...had some fresh apple cider.

The end of the fall was quite busy with the big move to Greencrest. It's great to have everyone together and







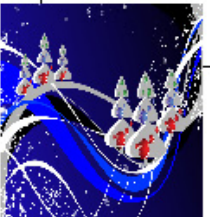
to share our new surroundings, we also unveiled our new space to the neighbors with a cookout! Derek Kinzer delighted us with his DJ skills and the participants danced for hours. We would like to offer a special congratulation to Daniel Washington whom received Programming Participant of the Month and Jonathan Hopewell whom received vocational participant of the Month!



2010



Quest for Independence
 811 Greencrest Dr.
 Westerville, Ohio 43081
 614-212-6148

Sun	Mon	Tue	Wed	Thu	Fri	Sat
The calendar is subject to change.		Please bring in a perishable food item to deliver to a homeless shelter by 14th	1 Bowling (\$3.00)	2 Activity Council & crafts	3 Decorated the QFI Christmas Tree	
5 Please bring in a sock or stocking for the 7th	6 Grocery store & Recycling	7 Cooking Class & Christmas Stocking	8 Scavage Hunt	9 Game Day (wheel of fortune)	10 Make Dog Treats & Christmas letter to the soldiers	11
	13 Library & Make your gift exchange	14 Holiday Shopping (\$5.00) & Delivery food to shelter	15 Cici Pizza (\$7.00) & Board Games	16 Christmas Bingo	17 Christmas Cards & In House Movie (The Christmas Story)	18 
19	20 Grocery store & Creative writing	21 Cooking class & Gift exchange	22 Arts And Crafts Decorative for Party & Bake Cookies	23 Christmas Party	24 QFI CLOSED	25
26 	27 Word Search Puzzle Challenger Whistler Factory	28 Movies (\$2.00)	29 Igloo Building 	30 Bowling (\$3.00)	31 QFI CLOSED	



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29	30	1 Life Job Coach	2 Lunch & Movie (\$20.00)	3 Life Job Coach	
	6 Shopping	7 Cooking	8 Life Job Coach	9 Sport Event Day	10 Life Job Coach	
	13 Mall Walking	14 Money Museum	15 Life Job Coach	16 DVD Movie Day	17 Life Job Coach	
	20 Shopping	21 Cooking Holiday Cookies	22 Life Job Coach	23 Party (No Lunch needed)	24 QFI Closed	
	27 Mall Walking	28 Participant Council	29 Life Job Coach	30 Bowling (\$10.00)	31 New Years Party	

QFI Twinsburg—Flying High

An individual at our Twinsburg location recently wrote this poem in response to the opening of our new location:

As soon as QFI takes-off and begins to fly, it will be fun because it will also be nice.

We will kick off our shoes grow wings and fly,

Shoot for your goals and reach for the stars in the sky.

We've reached our goals and now we've kicked off our shoes and began to fly.

- John S.





Holiday Food & Clothing Drive at QFI Columbus!

Help the participants at QFI Columbus in their quest to provide food and clothing for those less fortunate during this holiday season! QFI Columbus is accepting donations of non-perishable food items and gently used clothing through December 14, 2010.

Please bring donations to the QFI Columbus location at 811 Greencrest Drive, Suite 300, Westerville, Ohio 43081 between 10am and 3pm weekdays, or to the Dublin main office located at 525 Metro Place, Suite 300, Dublin, Ohio 43017 between 8am and 5pm weekdays.

From either location, our group of QFI vocational workers and program participants will gather these items and take them to a local food bank to help those in need during this holiday season. Your contributions are greatly appreciated, and from everyone at QFI Columbus, have a Happy Holiday Season and Happy New year!

QFI Insider

QFI Location Guide

QFI Central Ohio

QFI Greencrest
811 Greencrest Dr.
Westerville, OH 43081
614-854-0207

QFI Southern Ohio

Tri-County	North Dayton
4841A Business Center Way	300 West National Road
Cincinnati, OH 45246	Vandalia, OH 45377
513-682-1156	937-280-2000

QFI Northern Ohio

Cuyahoga County	Lake County	Summit County
7580 Northcliff Ave,	20 Waterford Lane	2451 Enterprise
Suite 400	Painesville, OH 44077	Pkwy East
Brooklyn, OH 44144	440-354-3172	Twinsburg, OH 44087
216-661-5401		330-840-2529



To learn more about our programs, sign up for our E-Newsletter and more,

visit us online at
Qforl.com