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Visit us online at
QforI.com

QFI Participants are "Bagging" Their Own Paychecks

Quest for Independence recently entered into a contract with Shred-It to provide vocational opportunities for participants in our Central Ohio locations. To complete the job, participant employees must assemble the Shred-It bags by threading each and securing with a lock. The individuals participating in this program ensure that approximately fifty Shred-It bags are threaded and completed every week and available for pick-up from our QFI East location. Reimbursement for each employee is based upon the number of bags completed at \$.30 per bag.



**If you're ready to start earning a paycheck,
then what are you waiting for?
Call QFI East TODAY at (614) 328-0344.**

A Colorful Spring



At QFI Lakeview, participants are looking forward to the spring. We will be drying Easter eggs for the Easter Holiday on April 4, 2010. We will also be purchasing items such as seeds, individual pots and soil for planting spring flowers. We will care for the flowers and watch them as they bloom.



Quest for Independence
 670 Lakeview Plaza Blvd.
 Suite F
 Worthington, Ohio 43085
 614-854-0207
 614-854-0258 (fax)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1. Dyeing Easter Egg's	2. Dollar Store	3.
4.	5. Grocery Shopping & Recycling	6. Cooking & Bowling (\$ 3.00)	7. Library & Crafts	8. Self Pictures & Take out (\$ 7.00)	9. Dollar Store	10.
11.	12. Mall Walking & Recycling	13. Library & Activity Council	14. Flower Planting	15. Swimming & Game DAY (\$ 3.00)	16. Dollar Store.	17.
18.	19. Grocery Shopping & Recycling	20. Cooking & Bowling (\$3.00)	21. Journeys home (Delaware)	22. In house movie & Crafts	23. Dollar Store	24.
25.	26. Library & Crafts	27. Movies & Games	28. Pet Store	29. Swimming & Music History Research (\$ 3.00)	30. Dollar Store	

QFI East Makes a Real Love Connection



Two love birds are going to tie the knot, and at QFI East, we're excited that we've been able to witness the love blossoming between Jim and Latia.

For over 7 months, Jim and Latia have been dating and sharing the fun experiences at

QFI. On Monday April 15, 2010 Jim got down on one knee and asked Latia to spend the rest of her life with him. Latia proudly said "Yes" in front of many smiling faces at QFI.

We wish Jim and Latia the very best in their new life together and can't wait to share many more good times with them! As of the printing of this newsletter, no date has been set for the wedding...details to follow!

Congratulations! **Jim and Latia**

Happenings at East

Photos from our Scavenger Hunt



Photos from our Participant Awards



2010
QFI



Outing Schedule






East



Quest for Independence
4707 Hilton Corp. Dr
Columbus, Ohio 43232
Phone: 614-328-0344
Fax: 614-328-0348

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happy Spring				1. April Fool's Day	2. Kick off Spring (Picnic in the park. Weather permitting) Please pack a picnic lunch	3.
4. Easter	5. Easter Egg Hunt	6. Cooking (Group A Only) & Movies (\$1.00)	7. Cooking (Group B Only) & Library	8. Tie Dye T-Shirts (Please bring in a plain white t-shirt)	9. Retro Friday (Dress in 60's, 70's or 80's attire)	10.
11.	12. Spend Incentive \$\$\$	13. Candy Reach	14. Santa Maria Tour	15. "Happy Hands" QFI East Volunteer Day	16. Take Out Friday (\$5.00)	17.
18.	19. Grocery Shop & Embrace Abilities	20. Cooking (Group A Only) & Movies (\$1.00)	21. Cooking (Group B Only) & Pet Store	22. Bowling Bonanza (\$3.00)	23. National Museum of the Of the US Air	24.
25.	26. National Pretzel Day (\$3.00) & Mall Walking	27. Laser Tag & Pizza (Magic Mountain \$7.50)	28. State House Tour	29. Columbus Metropolitan Library	30. Spend Incentive \$\$\$	Please send in Petty Cash on or before Monday April 5, 2010. Thank You



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Rock and roll Hall of fame Mall Outing	2 Spring Break QFI Closed	
	5 Day Program Closed Vocational Program Open	6 Arby's Westside Market	7 Newspaper Tour Nature Center	8 West Side Market Zoo Outing	9 Mall Walking Recycling Trip	
	12 Recreation Center Visit Avon Nature Center	13 Pizza Hut Mall Outing	14 Green House Issac Lake	15 Shopping Trip Pat Catans	16 Cooking Class Presents: Plette's	
	19 Recreation Center Visit Zoo Outing	20 Subway Lunch Outing	21 Tower City Equestrian Center	22 Ci Ci's Pizza Park Outing	23 Mall Walking Participant Council	
	26 Recreation Center Visit Westside Market	27 Fish House Park Outing	28 Fast Track Parmatown Mall	29 McDonalds Women's Museum	30 Mall Walking Lake County QFI visit	

QFI Northcliff Adds to its Outings Repertoire

Outings are a very important part of the activity schedule at Quest for Independence. Participants are offered a variety of ways to be an active part of the local community and have many opportunities to participate in community outings. Sometimes QFI outings include shopping trips, lunch outings, or park visits. Other times the group has toured Brown's stadium, visited the Zoo, or even had a blast at Cedar Point.

This past month QFI had the opportunity to visit Quaker square. Quaker square was once an oat storage and manufacturing facility, but now the factory has converted into a hotel. Even the hotel rooms are circular and sit inside the oat silos. In addition the location has shopping, entertainment, and a historical reference about the Quaker Oats company and the history of the community.

Outings are just a portion of what QFI has to offer. Each participant has an educational and recreational program tailored to individual needs and preferences. You will never know where you will see a QFI van visiting some of the fascinating places the area has to offer.



Alex gets the most out of what Quaker Square has to offer.

From Cabin Fever to Spring Fever



Everyone here at QFI Painesville is ready for the break in the weather. After four long months of cold weather our April started with sunshine. We took advantage of the good weather by visiting some local parks to hike and feed the geese.

Community outings like these are an important part of our program. At Quest for Independence our daily agenda provides structured activities, while providing the participants many choices throughout the day. They can choose from recreational community outings, vocational training, life skills training and many other fun activities. We strive to make our program person-centered and do so by gathering information from QFI participants during our monthly Participant Council meetings. Participant ideas from these meetings become reality in the

form of community outings and activities for the next month's calendar! So tell us where **you** want to go and what **you** want to do – attend Participant Council each month!



April Showers...

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 April fOoLs dAY	2 Good Friday	3
4 Easter	5 Fun at Work Day	6 Library	7 World Health Day	8 Game Day	9	10
11	12 Wizard of Oz Winds	13 Library	14 Moment of Laughter Day	15 Hopefully Kite Flying...	16 Flower Planting	17
18	19 Astronomy Day	20 Library	21 Administrative Professional's Day	22 Earth Day	23 Picnic (Weather Permitting)	24
25	26 Shake a Hand Day	27 Library	28	29	30 Arbor Day	

APRIL 2010

...bring May Flowers!

A Quick Posting on the Postal Service

Did you know if you call the United States Postal Service that you can tour your local post office? That's what we heard so we gave it a try and it is true! We visited the Vandalia Post Office and they gave us a tour of the entire place. It is very small and efficient. It is amazing how much mail they process and how they sort mail for so many people. We learned a lot and really enjoyed the day. We are planning to visit the main post office in Dayton to see how they are different. If you would like to join us call Jennifer at 937-280-2000.



 April 2010						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Square Dancing  April Fool's Day	2 Easter Celebration 	3 
4 	5 Grocery Shopping 	6 Library 	7 Cooking Day 	8 Bowling 	9 Tour of the Westcott House 	10
11	12 Grocery Shopping 	13 Movies and Popcorn 	14 Cooking Day 	15 Square Dancing 	16 Nature Walk Weather Permitting 	17 
18 	19 Grocery Shopping 	20 Library 	21 Cooking Day 	22 Recreational Center 	23 Mall Walking 	24
25	26 Grocery Shopping 	27 Game and Movie Day Here at QFI! 	28 Cooking Day 	29 Going out for Lunch 	30 Day at the Park Weather permitting 	

April 2010						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Quest for Independence Tri-County</i> 4841A Business Center 5246Way Cincinnati, Ohio 45246 Phone: 513-682-1156 Web site: Qfori.com</p>				<p>1 Cincinnati Art Museum</p> 	<p>2 Spring Community Celebration Crafts</p> 	3
4	<p>5 Reds Opening Day Parade</p> 	<p>6 Library</p> 	<p>7 Movie at a theater (\$7.25)</p> 	<p>8 Square Dancing & Walk to Dollar Store</p> 	<p>9 Mall Walkflowers</p> 	10
	<p>12 Grocery</p> 	<p>13 Krohn Conservatory</p> 	<p>14 Cooking Class & Walk to Dollar Store</p> 	<p>15 Neighborhood Walk</p> 	<p>16 Fantastic Farm Friday at Sharon Woods</p> 	17
18	<p>19 Cincinnati Museum Center (\$7.00)</p> 	<p>20 Library</p> 	<p>21 Birthday Celebration</p> 	<p>22 Square Dancing & Walk to Dollar Store</p> 	<p>23 Fundhay Market Tour</p> 	24
25	<p>26 Grocery</p> 	<p>27 Nature Walk in the Park</p> 	<p>28 Cooking Class & Walk to Dollar Store</p> 	<p>29 Picnic at the Park</p> 	<p>30 Bowling</p> 	

Showing Our Thanks

Here at QFI Tri-County, we recently celebrated Appreciation Day, in which we were given the opportunity to show our thanks for the people that make a difference in our lives. Some of the people that we gave thanks to included our parents, our staff, our family members, our friends, and our community.

It has been said that "A healthy social life is found only when in the mirror of each soul, the whole community finds its reflection" (Rudolf Steiner), and we have found this to be resoundingly true. The community of West Chester, Ohio has opened its arms and hearts to our individuals and our program.

In order to express our gratitude for their service, we visited the West Chester Fire and Police Departments to present them with a Certificate. We thanked them for allowing us to tour their facility and for providing excellent service to the community.

We also visited 1-800-Water-Damage and thanked them for the excellent work they did in remodeling our facility. We are very grateful to the entire community for embracing and supporting all of us.





QFI Insider



QFI Location Guide

QFI Central Ohio

Lakeview
670 Lakeview Blvd., Suite F
Worthington, Ohio 43085
614-854-0207

Columbus East
4707 Hilton Corporate Dr.
Columbus, Ohio 43232
614-328-0344

QFI Southern Ohio

Tri-County
4841A Business Center Way
Cincinnati, Ohio 45246
513-682-1156

North Dayton
300 West National Road
Vandalia, Ohio 45377
937-280-2000

QFI Northern Ohio

Cuyahoga County
7580 Northcliff Ave, Suite 400
Brooklyn, Ohio 44144
216-661-5401

Lake County
20 Waterford Lane
Painesville, Ohio 44077
440-354-3172



To learn more about our programs,
sign up for our E-Newsletter and more,

visit us online at
QforI.com