

# QFI Insider

August 2010



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## QFI Central Welcomes a New Administrator

We asked Deborah to introduce herself as the new Administrator for QFI Central in this issue of the QFI Insider newsletter, and she wanted to share the following with everyone...

...Hello, my name is Deborah Willen and I am the new Administrator for QFI Central. I am thrilled to be able to introduce myself to the Quest for Independence family and become part of such an awesome team and program. I was born and raised in Dayton, Ohio and moved to Columbus in 1999 after graduating from Wright State University with a Bachelor's in Social Work. In 2000, I was working with the elderly and came across an ad in the newspaper to work in a group home for adults with disabilities. My second interview took place in the home and knew from the moment I met the individuals that this was where I wanted and needed to spend my career...working along side people with disabilities.

I began my career at Viaquest (the parent company for Quest for Independence) in 2002 when I started as a Program Director with Support Care working with the Licensed Homes. I later moved into the role of Quality Assurance Specialist and really enjoyed that position. Throughout my time with Support Care I built so many fabulous relationships with staff, consumers, co-workers and the community. I look forward to taking these experiences with me in order to help grow the QFI program here in the Central Ohio region. During my relaxation time, I enjoy spending time with family, traveling to the beach, playing soccer, and watching football. I am also planning a wedding – hopefully it will be at the beach! I have heard so many wonderful things about the QFI program and I am committed to the employees, participants and team members all involved in this program and to continue furthering the program's success.



**Welcome Aboard, Deborah!**

# QFI Tri-County Goes to the Library

What does a mummy do when he goes to the library? He gets all wrapped up in a good book! That’s exactly what the participants at Quest for Independence Tri-County are doing twice a month!

We’ve put the library on our activities calendar twice each month to give the individuals an opportunity to obtain a library card; read books; surf the Internet; check-out movies; read the newspaper or magazines; and learn more about the responsibilities of being a library card holder.

The individuals at QFI Tri-County have taken a lot of pride in being library card holders, and have learned a lot from the experience of going to the local libraries. We asked some of them, “What’s your favorite aspect of going to the library?” Jonathon T. said, “Getting on the internet and finding new music.” Gina D. said, “I like the books!” and Kelly L. likes the movies from

the library. Special thanks to Hamilton County libraries for partnering with us in this exciting experience.



August 2010						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 Gardening Day 	3 Mall Walk 	4 Picnic at the park Pack a sack lunch! 	5 Square Dancing 	6 Eden Park & Cincinnati Art Museum 	7 
8 	9 Grocery Store 	10 Library 	11 Cooking Class 	12 Picnic at the Park Pack a sack lunch 	13 Giant Radio controlled Aircraft Show 	14 
15 	16 Gardening Day 	17 Fun & Games at the park! 	18 Birthday Party! 	19 Square Dancing 	20 Swim at YMCA Bring swimsuit 	21 
22 	23 Grocery 	24 Library 	25 Cooking Class 	26 Picnic at the park Pack a sack lunch 	27 Muddy Water Horse Park Send in \$12.00 	28 
29 	30	31	<b>Quest for Independence Tri-County</b> 4841A Business Center 5246Way Cincinnati, Ohio 45246 Phone: 513-682-1156 Web site: Qfori@.com			

# QFI Dayton Visited Fun and Unique Places



This past month we had two really fun and unique outings. We went to Wegerzyn Gardens and the Packard Museum.

Wegerzyn Gardens has a variety of gardens. One of our favorites was the sensory garden where you can “shake hands” with the plants. They have an Ohio Habitats area that features woods, prairie and wetland gardens.

The Packard Museum is just what you would think. It is dedicated to the Packard automobile. It is located in Dayton in the original Packard dealership. Most people don't realize it has been rated on of the top 10 museums in the country. There are over 50 automobiles located in the art deco style building. It was a great place to visit. You can see on our calendar we go to many fun places each month. You should join us! Call Jennifer at 937-280-2000.



Quest for Independence Dayton - August 2010							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 	2 Grocery Shopping 	3 Library 	4 Cooking Day 	5 Square Dancing 	6 Mall Walking 	7	
8	9 Grocery Shopping 	10 Movies and Popcorn 	11 Cooking Day 	12 Bowling 	13 Kettering Pool 	14 	
15 	16 Grocery Shopping 	17 Library 	18 Cooking Day 	19 Square Dancing 	20 Wegerzyn Gardens 	21	
22	23 Grocery Shopping 	24 Recreational Center 	25 Cooking Day 	26 Game and Movie Day Here at QFI! 	27 Kettering Pool 	28 	
29 	30 Grocery Shopping 	31 Nature walk Day at the Park 					

August 2010						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 First Roller Skating Ring 	3 Library 	4 Participate Council 	5 Shopping 	6 Chocolate Chip Cookies 	7
8	9 Game Day 	10 Library 	11 Kick Ball 	12 Ford Model T for sale to customer's 	13 Movie Day 	14
15	16 Art's & Crafts 	17 Library 	18 Mall 	19 Shopping 	20 Picnic / Beach 	21
22	23 Game Day 	24 Library 	25 Movie Day 	26 Arts & Crafts 	27 Participate Council 	28 Martin Luther King's famous speech I Have a Dream
29	30	31 Library 				

## The Summer Fun is in Full Swing



A seal is sunning itself.

Here at QFI, we have many opportunities to celebrate days of summer. We visited Lake Erie, a common choice for enjoyment in the sun with friends and staff. While at the beach, we enjoyed a wonderful BBQ lunch that was oh so yummy! This is just one of the many events we've enjoyed this summer! At QFI we also enjoy cultural and educational community activities. Our recent trips in-

cluded days at the Cleveland Art Museum and the Cleveland Zoo – what a beautiful place to enjoy the afternoon. Overall, this trip was a top favorite among our participants and employees, and we have plenty of photos to share as well!

We believe in Team Spirit here at QFI Painesville. Spending a wonderful afternoon supporting our local Lake County Captains baseball team, "Go Captains!" It's nice to just relax on a sunny day and watch a baseball game, and having lunch only makes things better.

We continue to enjoy arts and crafts, mall walking, going to the library and also watching movies –

"Bring the Popcorn."

We would also like to thank the employees for helping us enjoy our daily schedule and community activities!



A turtle is eating grass.

# QFI Northcliff Loves Cooking Class

Participants at Quest for Independence have the opportunity to contribute to cooking class. Participants are able to bring in recipes or look up new ones in QFI's computer lab. Groups have a great time shopping for the necessary ingredients during community outings to the grocery store. Everyone loves rolling up their sleeves to help mix the ingredients, roll the dough, and use the oven. During QFI's most recent cooking class, the participants worked together to make home made pretzels. Wow, those were tasty!

Participants enjoy other activities at QFI including physical development, arts and crafts, educational programs, work training, and additional opportunities for computer skills and community outings. Cooking class is a great time to hang out with friends, create something new together, and enjoy a special treat!



Shannon, Alisha, and Shontel put the finishing touches on the recipe.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 Recreation Center Museum Outing	3 Cleveland Zoo Amish Country	4 Hunington Beach Nature Center	5 Medina County Fair Mall Outing	6 Mall Outing Walking Club	
	9 Recreation Center Zoo Outing	10 Cuyahoga County Fair Wallace Lake	11 Shaker Lakes Park Outing	12 West Side Market Nature Center	13 Mall Outing Music Therapy	
	16 Recreation Center Lunch Outing	17 Rockefeller Park Movie Outing	18 Hinkley Park Parmatown Mall	19 Amish Country Park Outing	20 Mall Outing Participant Council	
	23 Recreation Center Movie Outing	24 Cultural Gardens Edgewater Park	25 Lorain County Fair Shopping Outing	26 Nature Center Recreation Center	27 Mall Outing Picnic in the park	
	30 Recreation Center Park Outing	31 Wallace Lake West Side Market				

# Working and Loving It

We have been working really hard, trying to finish up the paint work here at Greencrest. We have painted some classrooms, and some of the art room. We are getting better with our car detailing, and we just received an Upholstery Cleaning Machine, so we can start cleaning the mats, carpet, and seats in all vehicles we clean. Our contract with Shred-It is going well, and the participants really enjoy putting the shred bags together.

We will keep everyone updated on the current jobs, and all new contract jobs we get in the future.




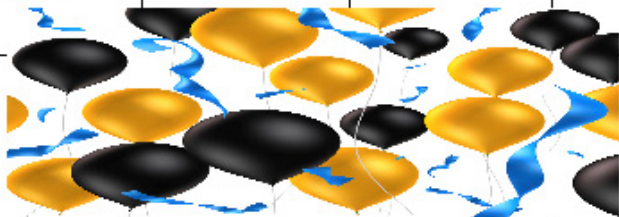
We finally have internet access installed, but that's not such an appealing thing now that people have the chance to earn a paycheck (WOW)! Though it does help with the participants that are not currently working. We have had eleven new people start since our last newsletter, and more people are scheduled to take tours in the coming weeks. We are growing, and loving it!!!



QFI Columbus  
Outing Schedule



Quest for Independence  
Columbus  
(Greencrest & Lakeview)  
614-854-0207  
614-854-0258 (fax)

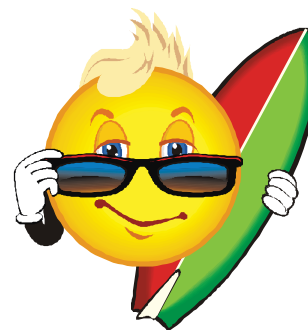
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 Grocery store & Recycling	3 Cooking Class	4 Ohio State Fair (\$15.00)	5 In house movie	6 Swimming (\$3.00)	7
	9 Pet store	10 Bowling (\$5.00)	11 Movies (\$2.50)	12 Park to play basketball	13 Library	14 
	16 Library	17 Columbus museum Of art (\$5.00)	18 Filed Day at the park	19 Take out (\$9.00)	20 Swimming (\$3.00)	
22 	23 Grocery store & RECYCLING	24 Cooking Class	25 Bowling (\$5.00)	26 Game Day	27 Appreciation awards	28
	30 Make an apron day	31 END OF SUMER COOK-OUT				



They are playing baseball.



They are grooving to the music.



## Summer Fun is Here

We have really been trying to take advantage of the good weather, and have been out to several Columbus Parks around QFI, which the participants enjoy. We had a huge picnic at Sharon Woods, and went to the Park of Roses to look and learn about some of the plants and flowers they have there. Both Lakeview and Greencrest had an adult prom, where they listened to music, had food, and danced the day away. We also went to the Center of Science and Industry (COSI), and learned some new things about how our bodies work, and played with the Wii Game where we learned how to check your pulse after running a mile or so. We also went to the Motorcycle Hall of Fame, and checked out some cool motorcycles from the past and the present!

While inside at QFI, we tied dyed some t-shirts and the participants took them home a couple of days later so they could wear, and show their art work to everyone!!! We have a cookout scheduled for the holiday that everyone is looking forward to (who doesn't love food?). We are really looking forward to the Ohio State Fair

too! We can't wait to see the Clippers play again, and our Velvet ice cream tour. WE LOVE SUMMER!





# QFI Insider

## QFI Location Guide

### QFI Central Ohio

**Lakeview**  
670 Lakeview Blvd., Suite F  
Worthington, Ohio 43085  
614-854-0207

**QFI Greencrest**  
811 Greencrest Dr.  
Westerville, Ohio 43081  
614-854-0207

### QFI Southern Ohio

**Tri-County**  
4841A Business Center Way  
Cincinnati, Ohio 45246  
513-682-1156

**North Dayton**  
300 West National Road  
Vandalia, Ohio 45377  
937-280-2000

### QFI Northern Ohio

**Cuyahoga County**  
7580 Northcliff Ave, Suite 400  
Brooklyn, Ohio 44144  
216-661-5401

**Lake County**  
20 Waterford Lane  
Painesville, Ohio 44077  
440-354-3172



To learn more about our programs,  
sign up for our E-Newsletter and more,

visit us online at  
**QforI.com**