

# QFI Insider

October 2010



## IN THIS ISSUE

### Tri-County News ..... 2



• QFI Tri-County had a great time at Muddy Waters.

### North Dayton News..... 3

• Dayton Art Institute—Free Fun!

### Painesville News..... 4

• Summer is Over

### Northcliff News ..... 5

• QFI Northcliff “Vocational Employee of month” program



### Columbus News.....6

• Community Cookout  
• Recipe for Success at QFI

### Columbus News..... 7

• Participant Appreciation Awards

### QFI Location Guide..... 8

## Twinsburg QFI Now Open

QFI is pleased to announce the opening of it's newest location in Twinsburg. Located on Enterprise Parkway East off of the 480 corridor, this space features over 11,000 square feet that will serve as habilitation and vocational training areas. We are excited to serve individuals from Summit and Cuyahoga counties. The participants served here will have access to a new computer lab, physical development area, and individual training rooms. Programming will include community integration, physical development, domestic skill training, work training through the learn to earn program as well as the opportunity to participate in the life coach program. We opened this site in the beginning of September, and are pleased to provide transportation in brand new 2011 passenger vans! We are excited to meet new people and be even more active in these communities!!



Visit us online at  
**QforI.com**

# QFI Tri-County had a great time at Muddy Waters

Many people are able to relax when animals are present. Studies have shown that physical contact with an animal can lower high blood pressure, and even cause endorphins to be released.

After seeing the looks on everyone's faces while visiting Muddy Waters Horse Ranch, we didn't need a research study to prove the happiness that it provided for our individuals here at QFI in Tri-County! Many individuals rode a horse for the first time in their life, while everyone came back grinning from ear to ear, and brimming with excitement!
































When asked about their favorite part of the visit to Muddy Waters, Jonathon T. said, "Riding a horse for the first time!" Donna R. liked petting the horses, and brushing their coats. Susan R. liked the smaller animals, such as the chickens and goats. We are thankful to the employees of Muddy Waters for helping us have a wonderful time.



Kelly is petting a horse.



Susan is petting a chicken.

						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>Tri-County Quest For Independence</b>					1 Underground Railroad Walking Tour Bring a sack lunch	2 
3 	4 Grocery 	5 Library 	6 Cooking Class 	7 Mall Walk \ Park 	8 Swimming at YMCA Bring swimsuit 	9 
10 	11 Bowling 	12 Art Museum 	13 Movies or Skating \$6.00 	14 Square Dancing 	15 Burger Form \$4.00 Bring a sack lunch 	16 
17 	18 Grocery 	19 Library 	20 Cooking Class 	21 Fun and Games! 	22 Swimming at YMCA Bring Swimsuit 	23 
24 	25 Krohn Conservatory 	26 Mall Walk   Park 	27 Birthday Party   Halloween Party Perfect Attendance!	28 Square Dancing 	29 Halloween Movie Day 	30 
31 						

























# Dayton Art Institute—Free Fun!

The Dayton Art Institute was one of our many outings this month at QFI in Dayton. Many people don't realize how fortunate they are to have such a beautiful museum in their community. We viewed some modern art on loan from the Smithsonian as well as exhibits that are permanently placed at the Institute. The Art Institute also has free admission on the third Thursday of each month, so we get to spend a fantastic afternoon viewing a variety of art absolutely free!

We are also offering jobs through our **Learn to Earn Program**. Want to **work for minimum wage**? Our Cleaning Crew has openings for people who want to learn a job or are just ready to work.



We have room for more people to join us. You can attend QFI part time if you want to just enjoy specific days.

October 2010						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Have a great October!					1 Barn-n-Bunk 	2 
3 	4 Grocery Shopping 	5 Library 	6 Cooking Day 	7 Square Dancing 	8 Tom's Maze 	9
10	11 Grocery Shopping 	12 Movies and Popcorn 	13 Cooking Day 	14 Bowling 	15 Wright Patt Air Force 	16 
17 	18 Grocery Shopping 	19 Library 	20 Cooking Day 	21 Square Dancing 	22 Brumbaugh Fruit and Fun Farm 	23
24	25 Grocery Shopping 	26 Katie's Pumpkin Barn And Petting Zoo 	27 Cooking Day 	28 Game and Movie Day Here at QFI 	29 Halloween Party!! 	30 
31 						



## Summer is Over

The crew at QFI Painesville has really enjoyed the summer with many community activities. We attended the Cleveland Zoo and even with all the construction at the zoo, you can still enjoy the beautiful animals and exhibits. The Lake County Captains Game was one of our favorites (Go Captains). There is always time for art, we also visited the Cleveland Museum and looked at some timeless classics and also viewed some new and up coming works of art.

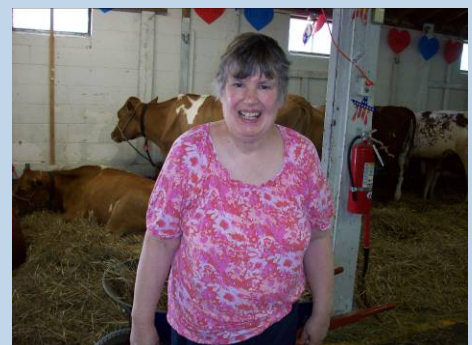
We continue to enjoy everyday at QFI. Arts and Crafts are always a pleasure for our individuals. We continue to use our creativity at QFI from making jewelry to knit-

ting or just making our own works of art painting. We use many ideas from our individuals when it comes to arts and crafts projects.

The summer was winding down, so at QFI we decided to end the season at the Lake County Fair. There were many exhibits for us to enjoy, including the horse show, milking of the cows and the birth of the baby piglets. As fall approaches we continue to have awesome outings like the Corn Maze, Apple Orchard, and Patterson farm for pumpkin picking. So come out to QFI Painesville and join us for a great time!



The chicken is waiting on the judge.



She is standing front of milking cows station.

# QFI Northcliff presents “Vocational Employee of the month” program

QFI wants to recognize the accomplishments of vocational participants by creating the “Vocational Employee of the month” program. In this program, a participant is recognized for vocational accomplishments such as attitude, quality of work, quantity of work, appearance, and professionalism. The “Vocational Employee of the month” program is just one of the ways individuals at QFI increase independence and have fun doing it. QFI is a great place to hang out with friends, and follow a schedule that is tailored to the participant, all with the guidance of supportive staff. Since the program has started, monthly winners can’t wait to show family and friends, and proudly display their award at their home. QFI is proud of these recipients and looks forward to recognizing future awards while supporting participants on their quest for independence.



Participants are honored to receive their awards



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Botanical Garden	
	4 Recycling Outing	5 State Road Park	6 Tower City Mall	7 Grocery Store	8 Museum Outing	
10 	11 Participant Council	12 West Side Market	13 Recreation Center	14 Browns Stadium	15 Day Program Closed Vocational Program Open	
17 	18 QFI Lake County Visit	19 Group 1: Pumpkin Farm	20 Group 3: Pumpkin Patch	21 Metroparks Nature Center	22 Group 5: Pumpkin Farm	23 
	25 Roots Of American Music	26 Apple Farm	27 Movie Outing	28 Group 4: Pumpkin Search	29 Columbia Station Park	

## Community Cook-Out

QFI Greencrest was invited to enjoy a neighborhood cookout by one of our vocational program partners, Johnson Controls. The cookout happened on a beautiful Friday afternoon in late August and they supplied us with fabulous food and hospitality. We brought 25 vocational workers and QFI staff over to celebrate our new friendship. We supplied them with speakers and a stereo and had a very impromptu dance party in the parking lot. It was a great experience with the community and it was great for everyone to get to know one another. It was really hard to get back to work!



## Your Recipe for Success at Quest for Independence Columbus!

**Ingredient Options:**

- \* Computer Lab
- \* Money & Finances
- \* Working
- \* Community Outings to parks, movies, bowling, events and more!
- \* Cooking Class
- \* Arts & Crafts
- \* Earning a paycheck
- \* Laundry Skills
- \* Music & Dance

**Based on your personal preference, combine desired ingredients from above list and add in round trip transportation to and from Quest for Independence. Blend until the right consistency and attend to the mixture every day—until happiness, fulfillments and smiling occurs.**



2010 QFI Columbus Outing Schedule



Quest for Independence—  
Columbus  
811 Greencrest Dr.  
Westerville, Ohio 43081  
614-854-0207

Sun	Mon	Tue	Wed	Thu	Fri	Sat
The calendar is subject to change.			Please make sure all Participants dress up for the Halloween Party.		1 In house bowling	2 
3 	4 Grocery store & Recycling	5 Cooking class	6 In house movie	7 Game day	8 Arts and crafts	9
10 	11 Columbus day	12 Movies (\$ 2.00)	13 Young's Dairy Farm 12:45 pm	14 Take out (\$ 10.00)	15 Roscoe Village (\$ 8.60) Apple butter festival	16
17	18 Grocery store & Recycling	19 Cooking class	20 library	21 Movies (\$ 2.00)	22 Pumpkin Patch (\$5.00)	23
24 	25 Make decorations for Halloween Party	26 In house movie	27 In house games 	28 Library	29 Halloween party and Happy birth day to all QFI participants no lunch needed.	30 
31 						

## Participant Appreciation Awards

Quest for Independence Columbus hosted their Participant Appreciation awards ceremonies back in August. Each participant received a certificate to show how well each of them have done at the program. They all went home with smiles and their certificate in their hands.

August also involved the annual trip to the Ohio State Fair. This trip had been talked about for weeks by many of the participants. They en-

joyed all the shops, animals and special treat that the fair had to offer. August flew by...in less than a month both locations will be under one roof. Everyone is very excited and looking forward to our new journey.





# QFI Insider



## QFI Location Guide

### QFI Central Ohio

QFI Greencrest  
811 Greencrest Dr.  
Westerville, OH 43081  
614-854-0207

### QFI Southern Ohio

Tri-County  
4841A Business Center Way  
Cincinnati, OH 45246  
513-682-1156

North Dayton  
300 West National Road  
Vandalia, OH 45377  
937-280-2000

### QFI Northern Ohio

Cuyahoga County  
7580 Northcliff Ave,  
Suite 400  
Brooklyn, OH 44144  
216-661-5401

Lake County  
20 Waterford Lane  
Painesville, OH 44077  
440-354-3172

Summit County  
2451 Enterprise  
Pkwy East  
Twinsburg, OH 44087  
330-840-2529



To learn more about our programs,  
sign up for our E-Newsletter and more,

visit us online at  
**Qforl.com**