

Highlights:



Helping out our community

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Dayton is on the go.

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QFI Insider

Vol. 3 • Issue 9 • September 2009

In the Sunshine this time

Spotlight on Latia Martin!

What are your favorite activities?
 Coloring and watching television

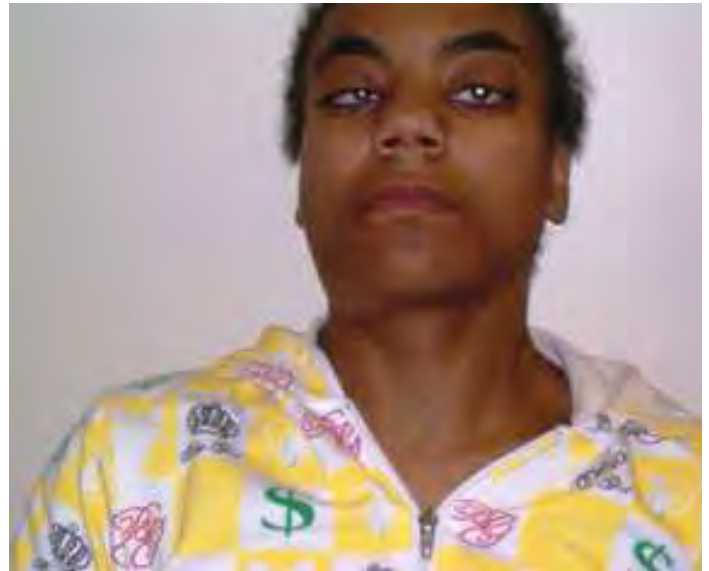
What do you like about Quest for Independence?
 People are nice, and the outings!

Tell us something about you that nobody else knows.
 I really love to walk.

What is your dream job?
 To be a journalist for a newspaper!

If you could go anywhere in the world, where would you go?
 Disney World, for sure!

Who is your favorite star?
 I love Fantasia!!!!



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2009



QFI Lakeview

Quest for Independence
670 Lakeview Plaza Blvd.
Suite F
Worthington, Ohio 43085

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1. Cooking (Both Groups) & In house Movie 	2. Rosco Village (\$6.00 and a Picnic lunch)	3. Bowling (\$2.00) & Arts & Crafts	4. A day at the Park! (Baseball Practice)	5. 
6. 	7. QFI CLOSED Labor Day!	8. Mall Walking & Recycling	9. Library & Swimming 	10. Swap Ideas Day! (Full of Surprises) & Santa Maria (\$4.00)	11. Take out (\$7.00) & Game Day!	12.
13.	14. Grocery Shopping & Recycling	15. Cooking (Both Groups) & Library	16. Practice At the Park!	17. Movies (\$2.00) & Group Game	18. Baseball Game!	19. 
20. 	21. Recycling & Express Yourself Art!	22. Pickerington Pond Picnic! (Picnic Lunch)	23. Delaware County Fair! ((\$5.00)	24. Park & Mall Walking	25. Johnny Applesseed Birthday Celebration!	26. Johnny Applesseed's Birthday!
27.	28. Grocery Shopping & Recycling	29. Cooking & In house Movie	30. Swimming & Bowling			

No Time for Rest in September

Although QFI Lakeview is sad to see the summer go we are looking forward to many fall activities. In the month of September we will be enjoying a lot of fun outings, which include a tour to Roscoe Village. While we are there, we will learn how candles are made and get to make some of our own. Some of our other outings will include going to the library, mall, movies, bowling and the Delaware County Fair. We can't wait for the QFI East/Lakeview vs. Tri-County/Dayton Softball game! Throughout the month we will be practicing for this BIG event that will take place at Sandhill Park on the 18th of September. So QFI Tri-County/Dayton get ready because QFI East/Lakeview is coming your way!!!



Going for a walk.

Celebrating at QFI East



How low can you go?



Having a great time at the birthday party.



QFI East
Outing Schedule



Quest for Independence
4707 Hilton Corporate Dr.
Columbus, Ohio 43232
Phone: (614)328-0344
Fax: (614)328-0348



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	31 Blacklick Park Packed Lunch	1 Movies Please Bring \$1	2 Library	3 Santa Maria Please Bring \$4	4 Summer Lunch-Time Performing Arts Picnic	5 Packed Lunch for the 4th!
6 Enjoy your Labor Day!	7 Labor Day Closed	8 Bowling (\$1.75)	9 Scrapbook Groupies! Please bring \$5	10 Decorative Day! Sprucing up the center!	11 Patriot Day Take Out Friday Please Bring \$5	12
13	14 Red Carnation Day at the Ohio State House Tour	15 In-House Flicker!	16 Independence Day ??MYSTERY??	17 Free Day! You choose	18 Softball Game	19
20	21 Game Day!	22 Autumn Begins Pickerington Ponds Picnic Packed Lunch	23 Library	24 Buy a Book! Please Bring \$ 2 Thrift Store	25 Take out Friday Please Bring \$5	26 Johnny Appleseed Birthday!
27 Native American Day	28 Grocery Shopping	29 Cooking Group A Arts n Crafts	30 Cooking Group B Indoor Flick			

Cooking class continues at QFI Northcliff!

On a daily basis, QFI participants enjoy recreational, meaningful, and educational activities. One of those activities is cooking class. Participants enjoy using the computer to look up recipes. Participants can discuss different types of food and the importance of nutrition and a balanced diet. Participants regularly access the community, and those outings can include purchasing items needed for cooking class. Participants can also help gather ingredients, follow the recipe, participate in the cooking and baking, and of course, enjoy the finished product. Cooking class is just like QFI because it is all about hanging out with friends, learning something new, and having fun all at the same time.



Ethel enjoys showing off her skills in cooking class.



Mark helps to make fruit salad.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Maure Center Health Museum	2 Ecomm Movie Outing	3 Farms in Rhine Garage Sale	4 Mail Outing Mather Museum	
	7 Labor Day QFI Closed	8 Healthworks Circus	9 Pam Outing Lunch Outing	10 Shopping Trip Mail Outing	11 Mail Outing History Museum	
	14 Recreation Center Roots of American Music	15 Library Movie Outing	16 Rainforest Exhibit Zoo Trip	17 Wiley Tour Tandy Leather	18 Mail Outing Fishing	
	21 Recreation Center Participant Council	22 NASA Museum Dave and Busters	23 Revolving Glamour Club	24 Tower City Lunch Outing	25 Train Tour Mail Outing	
	28 Recreation Center Cooking Class	29 Money Museum Nature Center	30 Bowling Park Outing			

Helping out our community

Waterford Lane community is full of very beautiful flowers and plants. As you drive through it the landscaping will astonish you. This community really appreciates Mother Nature and all she has to offer. Everybody does their part to ensure and promote the continued beauty. We here at Quest for Independence like to do our part in the community as well.

We have taken on the task of maintaining our wonderful gazebo flowers. Lynn, one of our individuals has taken the initiative to volunteer to do the watering. Every afternoon before beginning our Learn to Earn program, she fills her watering can and heads to the gazebo across the street.



Lynn standing in the gazebo.

























Lynn is watering the flowers.

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Calendar Details:

- Monday, Sept 7:** Labor Day, QFI CLOSED
- Wednesday, Sept 2:** Participants Council
- Thursday, Sept 10:** Cici Pizza \$8.00
- Friday, Sept 11:** Patriot Day (Remembering 9/11)
- Friday, Sept 18:** Positive Thinking Day, Good Day for Goal Setting
- Saturday, Sept 12:** Rosh Hashanah
- Saturday, Sept 19:** Rosh Hashanah
- Saturday, Sept 26:** Rosh Hashanah
- Wednesday, Sept 23:** Dunkin Donuts \$5.00
- Friday, Sept 25:** Elm Farm's America's Dairy and Ice Cream Museum
- Tuesday, Sept 22:** First Day of Autumn, Fall
- Monday, Sept 21:** Library
- Monday, Sept 28:** Library
- Monday, Sept 14:** National Grandparents Day
- Monday, Sept 20:** Adult Day Services Week Begins...

September 2009						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Young's Dairy Farm 	2 Cooking Day 	3 Square Dancing 	4 Montgomery County Fair Free between 11-1 	5
6	7 QFI is Closed for Labor Day	8 Grocery Shopping 	9 Cooking Day 	10 Game and Movie Day Here at QFI! 	11 Wegertzn Gardens  Weather permitting	12
13	14 Grocery Shopping 	15 Library 	16 Cooking Day 	17 Square Dancing 	18 Softball game with Cincinnati and Columbus QFI 	19
20	21 Grocery Shopping 	22 Movies and Popcorn 	23 Cooking Day 	24 Bowling 	25 Wright Patt Air Force Base 	26
27	28 Grocery Shopping 	29 Library 	30 Cooking Day 			

North Dayton is on the go

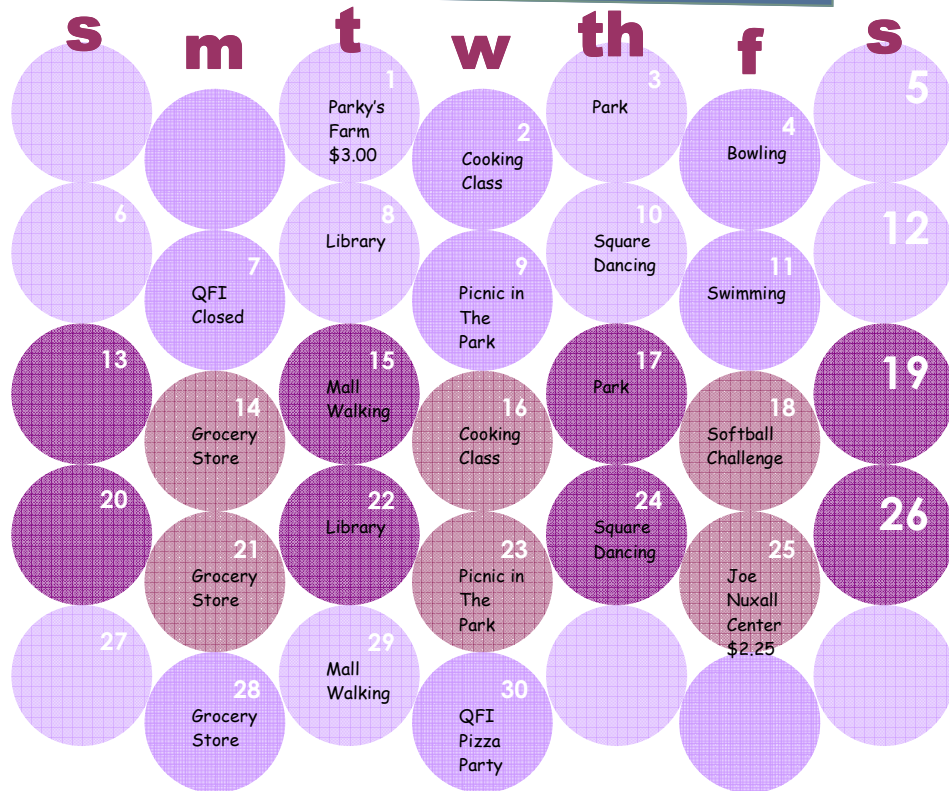
For those of you who read our newsletter regularly, you know that QFI in Vandalia (North Dayton) is on the go every month. We had many fun outings, but Young's Dairy, close to Yellow Springs, was one of our favorites for the month. We had fantastic weather!! We ate outside and then walked about the farm. The goats are fun to look at and feed. Getting on the tractor was really cool! We will definitely be returning there again in a couple of months. If you know of someone who likes to be in the community seeing fun stuff and hanging around with friends, have them call us at 937-280-2000.



He is eating his lunch at a picnic area at Young's Dairy.



He is having fun sitting on the tractor.



**September 2009
Activity Calendar**

Quest for Independence
4841 Business Center Way
Cincinnati, Ohio 45246
Phone: 513-682-1156
Fax: 513-682-1159



**SEPTEMBER
2009**

QFI Tri-County Gets Busy

One of the most respectable values of the clients at QFI Tri-County is their work ethic! Through our Learn to Earn program several individuals are in their Practice Phase of Vocational Training. We have one client who is practicing Environmental Specialist skills, keeping the building clean and tidy. We also have several individuals learning the ropes of our FireStarter Business. Several other clients are working on filing and copying. This is an important step

for our clients in their search for community employment because they are learning how to carry out a job responsibility and work with a supervisor in an atmosphere where success is more likely and coaching is readily available. Vocational skills training has helped our clients in all areas of their lives, learning manners, time management and responsibility makes them all well rounded individuals!

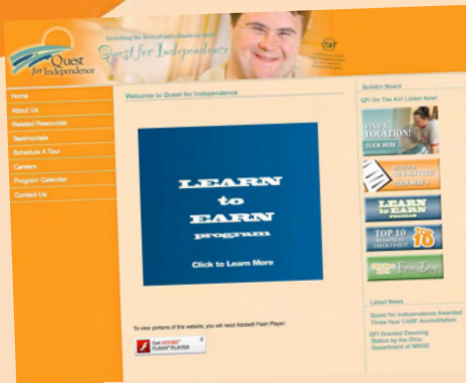


Tonya is helping with some clerical tasks and doing great!



QFI Insider

QFI Location Guide



To learn more about our programs,
sign up for our E-Newsletter and more,
visit us online at
QforI.com

QFI Central Ohio

Lakeview

670 Lakeview Blvd., Suite F
Worthington, Ohio 43085
614-854-0207

Columbus East

4707 Hilton Corporate Dr.
Columbus, Ohio 43232
614-328-0344

QFI Southern Ohio

Tri-County

4841A Business Center Way
Cincinnati, Ohio 45246
513-682-1156

North Dayton

300 West National Road
Vandalia, Ohio 45377
937-280-2000

QFI Northern Ohio

Cuyahoga County

7580 Northcliff Ave, Suite 400
Brooklyn, Ohio 44144
216-661-5401

Lake County

20 Waterford Lane
Painesville, Ohio 44077
440-354-3172